

92-100 Wilmot Rd, Shepparton, VIC 3630

Email: shepparton@nefln.vic.edu.au

Website: www.nefln.vic.edu.au/shepparton

Phone: 0427 877 113

Newsletter

Dear Shepparton FLC Community,

As we come to the end of Term Two, it is great to reflect on all that has been achieved and the many programs and activities that our students have been a part of.

During the term, there were a few more changes to further settle us into our new premises. These have included an oven, additional food cupboard in the common room and a more organised storage area and Art space.

Over the term, students have continued to engage in a variety of programs and activities. These have included the Pitstop program, Riding for All Abilities, L to P program, Art and Music and Health and P.E.

This Semester, we have had the privilege of having two Shepparton artists come on site to work with our Students. TANK, a local well known artist to Shepparton has been on several occasions and together with the students has created a mural, following the theme of inclusion, accepting diversity and embracing a welcoming space. On our outside wall, we have had the pleasure of an Aboriginal artist, Greg Robinson helping the students with creating a mural following the theme of connecting to country and land. We feel so lucky to have had these two artists work alongside our students to not only inspire their creativity, but to learn new skills and enhance greater understanding of our land and cultures.

Other highlights this term have included guest speakers covering some powerful messages to both staff and students on the challenges of social media and peer pressure with the use of alcohol and drugs. We have been on a number of excursions and special events to enhance the students learning. These have included, the LUME museum in Melbourne, IDAHOBIT, Sorry Day, Food and Fibre and Careers Day Out.

I continue to feel blessed to work at the Shepparton Flexible Learning Centre. I feel lucky to have such a passionate and dedicated staff who take pride in their work and are focused on supporting our young people to feel connected, to feel that they matter and to feel they can achieve their academic and personal goals.

To all the students, you're sensational!! We are lucky to be able to work with you to support you every day.

To our parents and guardians, thank you for your continued encouragement and belief in your children. Our young people truly benefit from positive input, wisdom and encouragement from the people involved in their lives to achieve their goals and reach their aspirations.

Enjoy a restful and well deserved holiday and we look forward to seeing you all in Term Three.

Michelle Sheehan

Site Principal

A campus of:

Wodonga Senior Secondary College

Every Student, Every Opportunity, Success for All






Student Absences

Schools must:

- ◆ Have an Attendance Policy as part of their Student Engagement Policy
- ◆ Maintain attendance records
- ◆ Identify and follow up unexplained absences
- ◆ Record student attendance twice per day in primary schools and in every class in secondary schools
- ◆ Record, in writing, the reason given for each absence
- ◆ Advise parents/carers of unexplained absences, as soon as practicable on the same day of the absence, including for post-compulsory aged students.

Contacting the school.

-  Ring the school office from 8.30am 0427 877 113.
-  Text the school on 0427 877 113.
-  Send an email: shepparton@nefln.vic.edu.au

Please phone/text your student's teacher or reception to inform us of any student absences. If we don't hear from you then we are required to contact you.



In Victoria, a person must not smoke or vape on school premises or within 4 metres of any pedestrian access point to school premises.

The prohibition on smoking includes vaping and applies whether or not the e-cigarette contains nicotine.

Cigarettes and e-cigarettes cannot be sold to people under 18 years of age.

It is a legislative requirement that schools must display suitable No Smoking or Vaping signs at all pedestrian access points (entrances) to the school grounds.

The legislation defines smoking to include e-cigarettes.

Smoking and vaping are not permitted during school events and excursions held off school premises.

Mobile Phone Policy



Students who bring mobile phones to school must have them switched off and securely stored during school hours.

For the purpose of this policy, a mobile phone is a telephone with access to a cellular (telecommunication) system, with or without a physical connection to a network.

Exceptions to the policy may be applied if certain conditions are met. Exceptions can be granted by the principal, or by a teacher. Exceptions must be documented.

Schools must provide secure storage.

Schools are required to develop a local policy on students using mobile phones, which must include how this ministerial policy will be implemented and may include other personal devices in addition to mobile phones.

Schools will manage non-compliance with their local mobile phone policy in accordance with their existing student engagement policies.

Schools should review their local policy as part of their regular cycle of review for school policies.

Respectful Relationships

Shepparton Flexible Learning Centre is a Respectful Relationship Partner school. Respectful Relationships is a state government initiative that supports schools to promote and model respect, positive attitudes and behaviours. It teaches our young people how to build healthy relationships, resilience and confidence. It supports young students in dealing with a range of challenges they may face and covers topics including being respectful, resilient, engaged at school and being confident within themselves. Respectful Relationships promotes equality and helps students learn how to build healthy relationships.



Chidsafe Policy

Child safety and wellbeing at Wodonga Senior Secondary College (Shepparton Flexible Learning Centre): information for families and the school community

Last year, the Victorian Government announced new [Child Safe Standards](#) to further strengthen child safety across organisations, including schools. The new standards recognise the critical importance of families and the broader school community in maintaining and promoting child safety and wellbeing.

Wodonga Senior Secondary College (Shepparton Flexible Learning Centre) has reviewed and updated our child safety policies and procedures to ensure they meet the requirements of the new standards. These are available to view on the [Shepparton | NEFLN](#)

We are committed to continuous improvement in our approach to child safety and wellbeing and welcome feedback from families and members of our school community on ways we can further strengthen our child safety policies, procedures and practices.

If you have any suggestions, comments or questions about Child Safety at Wodonga Senior Secondary College (Shepparton Flexible Learning Centre), please contact the school office.

Mental Health Services and Support

| | | | |
|---|---|---|---|
| Lifeline 24/7 crisis support and suicide prevention services 13 11 14 lifeline.org.au | Beyond Blue 24/7 mental health support service 1300 22 4636 beyondblue.org.au | QLife LGBTI peer support and referral 1800 184 527 (10pm-10pm daily) qlife.org.au (online chat 3pm-12am daily) | Mensline 24/7 counselling service for men 1300 78 99 78 mensline.org.au |
| headspace Online support and counselling to young people aged 12 to 25 1800 650 890 (9am-1am daily) headspace.org.au/headspace (online chat 24/7) | 1800RESPECT 24/7 support for people impacted by sexual assault, domestic violence and abuse 1800 737 732 1800respect.org.au | Suicide Call Back 24/7 crisis support and counselling service for people affected by suicide 1300 659 467 suicidecallbackservice.org.au | Kids Helpline 24/7 crisis support and suicide prevention services for children and young people aged 5 to 25 1800 55 1800 kidshelpline.com.au |

If you are concerned about someone at risk of immediate harm, call 000 or go to your nearest hospital emergency department.

be you | **Beyond Blue** | **Early Childhood Australia** | **headspace** | **Australian Government Department of Health**



DAVID



My name is David Kelly and I have recently started at Shepparton Flexible Learning Centre from Numurkah Secondary College.

I am married to my wife Claire and have four grown up children and enjoy spending time working on my hobby farm.

I am really excited to be part of the Flexi team and to get to know the students better.

I have worked in Disabilities, Careers, Literacy, Numeracy and worked in remote locations across the Kimberley in Western Australia.

I love helping students realise their potential and building their self esteem.

I am grateful to be part of the Flexible Learning Team.



A thought provoking, confronting and informative road safety program with advice on a wide range of topics for young drivers.

Presented by Greater Shepparton Police and local agencies

Safe driving for life - It's all about ATTITUDE!

WEDNESDAY 24 July, 2024

WEDNESDAY 13 November, 2024

Riverlinks Westside

Corner Echuca Road and, Homewood Dr, Mooroopna

Arrive by 6.40pm for a 7pm Start (concludes approx 9pm)

Free Entry – but a ticketed event

Registrations open now. Telephone: (03) 5832 9511 or online:

JULY 2024: riverlinksvenues.com.au/whats-on/event-details/!/calendar/event/cool-heads-july-2024

NOVEMBER 2024: riverlinksvenues.com.au/whats-on/event-details/!/calendar/event/cool-heads-november-2024

Enquiries:

Leading Senior Constable Mitchell Bull mitchell.bull@police.vic.gov.au | 5820 5777

If an Attendance Certificate is required, please register at the CoolHeads Desk prior to taking your seat.



VICTORIA POLICE



Throughout Semester One, during the Pitstop program, students have been engaged in a variety of projects to support both social and emotional learning as well as specific skills related to the projects they are working on.

The program is a strengths based engagement program, where the students have had the opportunity to work on small engines, bike repairs, welding, soldering and other practical activities under the guidance of industry professionals.

Students continue to thoroughly enjoy this supportive and engaging program.



Luke Kennedy
Guest Speaker



Vern Hilditch
Executive Principal
Wodonga Senior Secondary College
Wodonga Middle Years College &
North East Flexible Learning Centre's

Professional Development

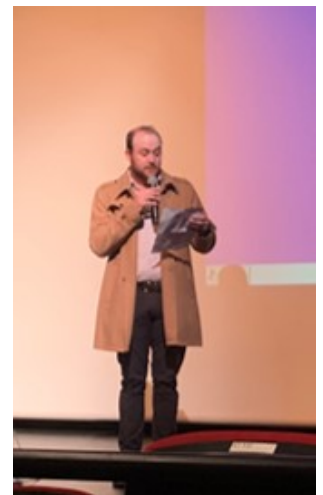
On Wednesday 29th May SHFLC staff attended a Professional Development day in Benalla. Staff participation in PD days is vital to improving our knowledge and practice to support our young people emotionally, socially and academically.



Mellisa Long
Director of School Pride
Wodonga Senior Secondary College



John Firth - DET



Brad Hearn
NEFLN Principal





KEEP THE FIRE BURNING!

BLAK, LOUD AND PROUD

7TH - 14TH JULY 2024

Scan this QR code to register



Rumbalara NAIDOC Events:

SUNDAY

OPENING/MARKET DAY

Date: Sunday, 7th July 2024

Time: 10:30 AM - 12:30 PM

Location: Rumbalara Mooroopna
Sand Circle Area - 20 Rumbalara Rd
Mooroopna

PLEASE NOTE: THIS EVENT IS OPEN TO OUR ABORIGINAL & TORRES STRAIT ISLANDER COMMUNITY AND THE WIDER-COMMUNITY. ANY PURCHASES MADE AT THE MARKET WILL REQUIRE PAYMENT.

MONDAY

MAIN FLAG RAISING/BREAKFAST CEREMONY

Date: Monday, 8th July 2024

Time: 8:00 AM - 10:00 AM

Location: Rumbalara Mooroopna Sand Circle
Area - 20 Rumbalara Rd Mooroopna

PLEASE NOTE: THIS EVENT IS OPEN TO OUR ABORIGINAL & TORRES STRAIT ISLANDER COMMUNITY AND THE WIDER-COMMUNITY. THIS IS A FREE EVENT.

TUESDAY

ELDERS LUNCHEON

Date: Tuesday, 9th July 2024

Time: 11:30 AM - 2:00 PM

Location: Rumbalara Elders Activity
Centre, Ford Rd Shepparton

PLEASE NOTE: THIS EVENT IS OPEN TO OUR ABORIGINAL & TORRES STRAIT ISLANDER COMMUNITY AND COMMUNITY CONNECTED ONLY. THIS IS A FREE EVENT.

THURSDAY

RUMBALARA FAMILY DAY

Date: Thursday, 11th July 2024

Time: 11:00 AM - 2:00 PM

Location: Rumbalara Mooroopna - 20
Rumbalara Rd Mooroopna

PLEASE NOTE: THIS EVENT IS OPEN TO OUR ABORIGINAL & TORRES STRAIT ISLANDER COMMUNITY AND COMMUNITY CONNECTED ONLY. THIS IS A FREE EVENT.



Shepparton Flexible Learning Centre celebrated IDAHOBIT (International Day Against Homophobia, Biphobia and Transphobia) Day last Friday 17th May by attending a community event at Shepparton's Queen's Gardens. About 8 students attended the event alongside other schools and local health and government organisations.

The event featured live music, free food, face painting and activities for the students to celebrate community pride and feel accepted in their home town.



Everyone was really friendly and it was such a nice day

FJ:

It was really cool that there were polaroid images available for us to take home.

KP

I loved getting my polaroid picture taken – I looked like a ghost!

AP

We got to colour in little pieces of wood for a badge, it was really fun.

FJ:

It was really good to see welcome reception from the community. The community is more open-minded than I initially expected it to be and I had a lovely time.

SR:



Horse Riding



Four students from the school have been enthusiastically, participating in the Riding for All Abilities program. This is a fortnightly horse riding activity that supports young people to work on a variety of skills, including a variety of social and emotional skills such as effective communication - active listening and understanding instructions, taking turns, following directions and understanding how their own behaviour may impact on others. Students also need to apply the skills of patience, being calm and mindful of working with a large animal, as well as working towards achieving their own learning goals for the program. These may include; improving balance, being able to trot or improve balance and posture while riding a horse to name a few.

This is such a worthwhile activity for our young people and we are so fortunate to have access to this opportunity.



Visual Arts



MURAL

The Mural students have been working on with local artist Tank is looking great in the students common area.

Greg Robinson is a resident Artist who has been working with our young people throughout Term Two. Greg, a local artist and Elder, comes with a wealth of cultural knowledge and expertise. He has been supporting students to reflect on their own cultures and stories and embed these into an outside mural. The Mural depicts 'Connecting to country' and 'Connecting to community'.

We are so proud of the work that the students have produced from this unique experience and feel grateful for the knowledge that Greg has shared with our young people.



Health & Wellness

My Future Academy's - Active at School Program

An ongoing program for the full year which promotes positive social, emotional and physical wellbeing outcomes for students and staff through movement, games, mindfulness, breath work, activities and challenges.

Unlike a traditional PE program the Active at School program is tailored toward being inclusive and 'go at your own pace'. The program allows time for reflection after each activity and our coaches will ask engaging questions which helps explore students feelings and thoughts after movement. Most importantly, the program allows time and space to be in the outdoors and encourages teachers to get involved in games and activities to help build rapport with students.

Staff are also upskilled to be able to deliver a range of games and activities that can be taken back to their classroom and for them to use with their students.

Activities within the program are specifically designed to assist students in:

- Being able to describe and explore different feelings and emotions
- Developing effective team work and leadership skills
- Stress tracking and management
- Explore and discuss behaviours that demonstrate sensitivity to individual, social and cultural differences
- Resilience and coping with change
- The importance of physical activity and rest



Health & Wellness

Health & Wellbeing benefits of Gardening

Gardening is one of the most beneficial activities you can do for yourself, especially in terms of your health. The benefits that it can give you range from physical to social to mental and even developmental. By this, we mean that no matter your age or ability, you can reap something from gardening that will have a positive impact on your life.



-Studies show that daily gardening can reduce the risk of dementia by 36 %.

- Gardening can help reduce cortisol levels; the stress hormone.

- Being outdoors in the sunshine can trigger serotonin being released; a mood stabiliser to help us feel more positive and productive.

- Soil contains a natural antidepressant that can make us happier.

-- Those who grow veggies are more conscious about having a healthy diet.



Benefits on Adolescents



- Improved knowledge of and access to nutrition.
- Increased interest in fruit & veg.

Taking care of a plant gives us a sense of responsibility.

Facilitates student connection to nature that is linked to better mental health.



KEEP THE FIRE BURNING! BLAK, LOUD AND PROUD

7-14 JULY 2024

**Celebrating Aboriginal and
Torres Strait Islander Culture**



KEEP THE FIRE BURNING! BLAK, LOUD AND PROUD

KAIELA ARTS' NAIDOC 2024 EXHIBITION. Kaiela Arts is proud to announce a new exhibition opening on Tuesday 9 July celebrating this year's NAIDOC Week Theme, Keep the Fire Burning! Blak, Loud and Proud.

WHEN: 9 July – 20 August 2024

WHERE: Kaiela Arts, 530 Wyndham Street, Shepparton

COST: FREE, bookings required for the exhibition opening



The exhibition will honour Ancestors and Country, proudly displaying the vitality and resilience of First Nations cultures and storytelling in contemporary forms.

The exhibition will bring together a range of new solo and collaborative works created by Aboriginal artists and Elders spanning three generations, with deep connections to Yorta Yorta country.

Paintings and weaving will feature strongly in the exhibition alongside a collection of new of screen-printed homewares that have been developed in our studio, inspired by fresh-water country, plant-life and colour palettes.

Kaiela Arts warmly invites everyone to come and experience this special exhibition paying homage to the fire that is the enduring strength and vitality of First Nations cultures.

The exhibition will be a vibrant, joyous and unapologetic celebration of Aboriginal identity – 'Blak, Loud and Proud'!

Exhibition opening – Tuesday 9 July 2024, 5.30pm – 7.30pm

Exhibition dates – Tuesday 9 July – Tuesday 20 August 2024

Gallery opening hours – Mon, Wed, Thur and Fri 10am – 4pm and Sat 10am – 3pm

Artwork – detail of Keep the Fire Burning! Blak, Loud & Proud by Cynthia Hardie, 2024, Acrylic on Belgian Linen.

Supported by: Creative Victoria, IVAIS, Rumbalara Aboriginal Co-operative, Greater Shepparton City Council, Regional Arts Victoria



**During
the**

**Winter
Break!**

Top Arts Melbourne

Celebrating its 30th year, Top Arts 2024 features the work of forty-five VCE student artists.

This exhibition provides a platform to celebrate the most exceptional work from students who completed the new VCE study designs of Art Making and Exhibiting and Art Creative Practice in 2023. The exhibition promises a fascinating survey of the curious, creative and innovative spirit of young artists.

Dates & Times 17 Location

Jun - 14 Jul
10am - 5pm

The Ian Potter Centre:
NGV Australia
Russell St
Melbourne 3000

Cost

Free Event
Booking not
required

Contact details

telephone number:
03 8620 2222

email address:

enquiries@ngv.vic.gov.au



Free cinema exhibitions at ACMI

Head to ACMI and experience the eight-channel video installation that is Memo Akten. Be immersed in AI musings of octopus-like digital beings that draw you in. While you're at ACMI, swing by The Story of the Moving Image and get hands-on at this fun cinema showcase, with animation and sound effects to play with.

Science Gallery

Melbourne's one and only Science Gallery is home to some of the most unusual art installations in town. Think live jellyfish and a machete-wielding houseplant. Explore the growing friction between natural and artificial at Not Natural. The new exhibition explores the line between technology, synthetic biology and more.

Where art and science collide

Entry to the gallery is free.

Our latest exhibition NOT NATURAL is open
Wednesday to Saturday, 11am to 5pm.

We're located at University of Melbourne,
Melbourne Connect, corner of Swanston Street and
Grattan Street, Parkville.



Winter Break!

Learn about writing poetry that responds to an item of art, then wander the Mini Mart Art Fair & find a piece that inspires you, with the GV Writers Group. Take some time to write a poem & join us after lunch to read it at our Poetry Slam (open mic)

When:

Sunday 30th of June, 2024,
at 11:30am – to 12:00pm

Where:

Riverlinks Studios 70 Welsford Street
Shepparton

Cost: free

Contact:

Mimi at topsoilarts@gmail.com

Website:

www.facebook.com/events/18180139853...

What is Ekphrastic poetry?

Mini workshop with GV Writers Group!



Opportunities in Screenwriting
with *La Brea* script editor
Melissa Black

Dream of seeing your words on the big screen? Screenwriter and *La Brea* script supervisor, Melissa Black, unveils the secrets to crafting a winning screenplay & navigating the industry. If Lights, Camera, Action! is your ambition, this session will set you on the right

Mooroopna Community Planting

Residents of Mooroopna and surrounds come along and let's plant for future generations to enjoy.

When:

Wed, 3 Jul 2024 Wednesday 3rd of July, 2024, at 2:00pm – to 3:00pm

Where:

Heathmont Estate, Westview Drive, Mooroopna

Cost:

FREE - Registrations Preferred

Contact:

58329714 or riverconnect@shepparton.vic.gov.au

Website:

events.humanitix.com/mooroopna-comm...





During the

Winter Break!

Join us and celebrate Pride Month with Brunch and a visit to the Ryan McGinley "Yearbook" exhibition currently on at SAM in Shepparton!

When:

Sun, 30 Jun 2024 Sunday 30th of June, 2024, at 10:30am – to 12:30pm

Where:

Elsewhere at SAM, Level 1/530 Wyndham Street, Shepparton

Cost:

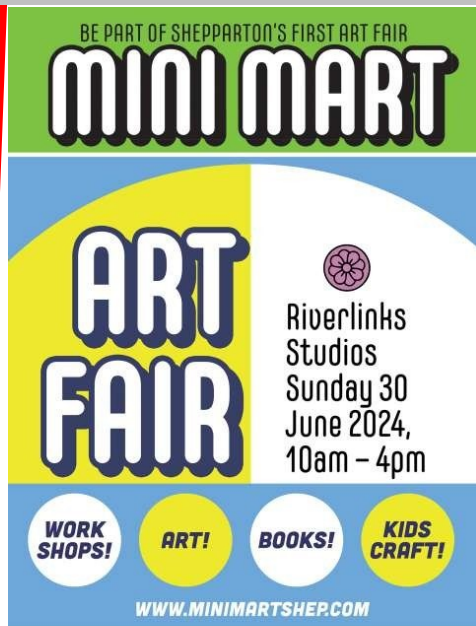
Free Admission, food and drinks at own cost.

Contact:

GV Pride Shepparton on 0493 442 601 or gvpride@gvpride.org

Website:

gvpride.org/event/active-humans-wal...



TOPSOIL Arts and Riverlinks present a brand new Creative City event!

Shepparton's First Art Fair packed with artist workshops by local artists, talks and family fun alongside an array of local artist stalls on both floors of the Riverlinks Studios at 70 Welsford Street, Shepparton.

Get to know our growing creative scene and pick up some new art - and creative tips! - along the way

General Entry to Mini Mart Art Fair is FREE, some workshops have a fee.

Book a spot at these sessions now!

When: Sun, 30 Jun 2024 Sunday 30th of June, 2024, at 10:00am – to 4:00pm

Where: Riverlinks Studios

Cost: Free

Contact: Mimi Leung at topsoilarts@gmail.com

Website: www.minimartshp.com

Art Speaks Exhibition

Part of mini mart art fair 2024

WHEN

Friday, 28 June of June – Sunday, 14 July 2024, to Sunday 14th of July, 2024,

WHERE

Riverlinks Eastbank Foyer - 70 Welsford Street, Shepparton

COST: Free

An exhibition showcasing works by 18 local artists. Be inspired by the creative expressions of artists from Greater Shepparton.



Participant Registration Club Reclink

What is Club Reclink?

Club Reclink is our online registration system. Here, you can register as a member, search for programs in your local area and sign up to the programs and activities that interest you.

Why the change?

Moving to the online system will be more efficient. It will allow us to track and evaluate our programs, so we can run more of the programs you love.



How does it work?

Sign up once and stay connected. No more paper forms. Once you are a member of Club Reclink, you can search and enrol in activities easily.



Signing up is easy

1. Scan QR code and visit club.reclink.org
2. Create an account
3. Search for sessions in your area
4. Enrol in session

Your Reclink Sports Coordinator can help you to sign up, or answer any questions you have