

## Newsletter

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#### Welcome to Term 2 2021! I hope you all had a safe and restful break.

Dear Benalla FLC Community,

Welcome back to Term 2. What an amazing term the staff at the Benalla Flexible Learning Centre have planned for all students.

We have a lot coming up and with that comes a lot of opportunities for students to build on and learn more about themselves, our community and the future. Coming up this term we have Yoga with Mark Blyss, the Gym at Primal Health Club, Careers Sessions with Rhonda McCallum, Equine Therapy in Mansfield and a Tax Presentation with the ATO. With this and so much more coming up please make sure that you are reaching out and talking with your Learning Mentors about signing up to the opportunities.

A special reminder to all of our Year 9 Students; we have NAPLAN Assessments coming up in Week 4 this Term. Tuesday 11<sup>th</sup> of May is Writing and Language Conventions, Wednesday 12<sup>th</sup> of May is Reading and Thursday 13<sup>th</sup> of May for Numeracy.

There is also a Pupil Free Curriculum Day on Wednesday the 26<sup>th</sup> of May (Week 6).

The wonderful Drama Teachers and Performers from Somebody's Daughter Theatre Company are RETURNING to Benalla FLC this term!! They will be hosting workshops and supporting students to build their own show. It is a true privilege and honour to working in conjunction with these amazing artists as we offer more students the opportunity to study and learn drama at a Victorian Curriculum and a VCE level. If you are interested in being a part of the workshops either as a performer, writer, backstage or director ask with your Learning Mentor how you can become involved.

Once again a special thank you to the incredible staff at Benalla FLC. They work tirelessly to support their students in every way possible and our school is the better for it. They are incredible individuals but an even better team and we are so lucky to have them. A big welcome back to Lynne!! We are lucky and blessed to have Lynne back this Term from her Term away. I hope everyone has an exciting Term 2 and I hope you take on as many opportunities as you can.

Finally a BIG CONGRATULATIONS to Annabelle Lizio for completing her Intermediate VCAL Certificate last Term the whole team want to wish you all the best and wish you good luck at GOTAFE this term as you continue your studies.

Kind Regards,



Site Principal

A campus of:
Wodonga Senior Secondary College
Every Student, Every Opportunity, Success for All











17th-23rd- May Virtual Careers Week

26 May-Pupil Free Day- Network Day

14th June — Queens Birthday Public Holiday

25th June—Last day of Term 2

## **2021 Elective Timetable**

Time	Monday	Tuesday		Wednesday VET in Schools		Thursday			Friday	
Part-time Staff	Sean	Sean		Sean		Ian			Ian	
9-10	Studio Art Sharee					VET Music Josh and John	Tiny House Ian	VCE Psych Bec	Food Tech Bec	Tiny House Ian
						ısic John				
10-11										
11-12	Food Tech Bec	Woodwork Sean Knitting Jenny				Yoga 11.45—12.30			Tiny House	
12-12.30	Activities									
12.30-1	LUNCH									
1-2		Swim Sea	Psy	Vic Art Sharee	Mosaics Jenny	Drums Josh	0 =	] Mow	Lan	Animation Sharee
2-3		Swimming/Gym Sean/Jenny	VCE Psychology Bec	Careers Sharee/Jenny		Music Ap SF/JL	Music Classes John	Lawn Mower Comp Ian	Landscaping Jenny	Digi-Tech Ian

## reaching and Learning



## Chickens



Students at BFLC took part in hatching chickens. A successful 8 hatchlings out of 24. The student took part in all care requirements. The chickens have now been put out in the chicken coop which was a previous project completed by the students All chickens have been named: Galaxy, Nugget, Kevin, Boofhead, Gary, Zena, Nuwt and Karl. The eggs produced will be used in our kitchen with our healthy lunch program and Food Tech class.



















**POTS REQUEST** 

If anyone has any gardening pots laying around BFLC are looking for some

# Somebody's Daughter Workshop







## Bringing down the wall of difference and indifference

"Somebody's Daughter Theatre Through the arts — theatre, visual art, music, film — we work with women in prison, women post-release and marginalised young people; creating high-quality theatre and pathways back into education and community."













### **Pathways & Transitions**

### **Careers Carnival Day**



BFLC took part in the annual Careers Carnival Day ran by Tomorrow Today Foundation. Multiple workplaces took their time to give an insight into what happens at their workplaces and discussed opportunities available to the students, part time, full time or a apprenticeship.

Workplaces included:

- Schneider Electrics
- D&R Henderson's
- Benalla Racecourse

Afternoon workshops were held at Benalla Glass House where a guest speaker had speedy presentation. Workshps included:

- Australian Defence forces
- Victoria Police
- SES
- CFA
- Apprenticeships and Traineeship
- University workshop "What's it really like at Uni" conducted by an ex rural 2nd year Uni student





## **2021 Careers Opportunities**

### Setting You on the Pathway to Success





Rhonda McCallum attended BFLC to discuss career options with our students. The engaging group talk covered many aspects relating to work place expectations and possible pathways. Rhonda spent the afternoon speaking individually with students.

A follow up session is scheduled for Thursday 13<sup>th</sup> May to provide the same opportunity for those that were unable to attend the first session. Students are asked to place their name on the sign-up sheet on the Careers Noticeboard.

Rhonda will continue to visit our school to ensure students are able to follow up on any queries they may have.



## ANZAC DAY

5am Service for ANZAC Day.

Claire was with the Scouts handing out Remembrance Crosses and Joel was one of the points in the Catafalque party.







#### **ANZAC POEM**

The 25<sup>th</sup> of April was a long time ago, Soldiers went to battle at dawn. Many lost their lives that day, Many of us will mourn.

More than that though,
We will always remember those brave men.
For they went to battle long ago,
We will always remember that time back then.

For they went to war and marched on, And battled together never looking back. Through many dreary nights and many long days, They fought hard - many provisions they did lack.

Today on the 25<sup>th</sup> of April we wear the 'poppy', A sign of remembrance for those who served our past. And we take pride in the victory for our country, The triumph that continues to last.

The 25<sup>th</sup> of April, a day to remember courage and hardship, A day to be humbled by their sacrifice but challenged with regret.

Those who died for us,

Lest We Forget.

By Joel Atkinson





## Weekly Gym

Every Tuesday student are given the opportunity to participate in an hour gym session at Primal Health. In this time the students are shown how to workout with proper technique Students are also given time to use equipment such as treadmill, exercise bike and rowing machine.









#### **Mental Health Services and Support**

#### Lifeline

24/7 crisis support and suicide prevention services

13 11 14 lifeline.org.au

#### **Beyond Blue**

24/7 mental health support service

1300 22 4636 beyondblue.org.au

#### QLife

LGBTI peer support and referral

1800 184 527 (6pm-10pm daily) qlife.org.au (online chat 3pm-12am daily)

#### Mensline

24/7 counselling service for men

1300 78 99 78 mensline.org.au

#### headspace

Online support and counselling to young people aged 12 to 25

1800 650 890 (9am-1am daily) headspace.org.au/eheadspace (online chat 24/7)

#### 1800RESPECT

24/7 support for people impacted by sexual assault, domestic violence and abuse

1800 737 732 1800respect.org.au

#### Suicide Call Back

24/7 crisis support and counselling service for people affected by suicide

1300 659 467 suicidecallbackservice.org.au

#### Kids Helpline

24/7 crisis support and suicide prevention services for children and young people aged 5 to 25

1800 55 1800 kidshelpline.com.au

If you are concerned about someone at risk of immediate harm, call 000 or go to your nearest hospital emergency department.













# Could \$500 help you with school costs?

Join Saver Plus and we'll match your savings, dollar for dollar, up to \$500 for school costs.



lessons & activities



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To join Saver Plus, you must be at least 18 years or over, have a child at school or starting next year, attend vocational education yourself, have regular income from paid employment (you or your partner)\*, have a current Health Care or Pensioner Concession Card and be in receipt of an eligible Commonwealth social security benefit, allowance or payment\*

#### Contact

your local Saver Plus Coordinator

#### Phone

1300 610 355

#### Email

WangarattaBenallaSP@ berrystreet.org.au

#### Online

saverplus.org.au

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<sup>\*\*</sup>Many types of income and Centrelink payments are eligible, please contact your local Coordinator for more information

<sup>&#</sup>x27;Saver Plus is an initiative of the Brotherhood of St Laurence and ANZ, delivered in partnership with The Smith Family, Berry Street and other local community agencies. The program is funded by ANZ and the Australian Government Department of Social Services. Go to www.dss.gov.au for more information.'