

Term 1 - Issue 7
February, 2020



FROM THE PRINCIPAL

I would like to welcome two new staff members to the Seymour FLC team for 2020. Dianne Marega has come to us from the Shepparton FLC and is the leading teacher. Ashley Bulluss is a PE teacher who has spent a number of years overseas working with youth.

This is the first newsletter for 2020. Welcome back to all and I hope you had a restful and enjoyable break. Term one has started well and it has been wonderful to see the progress our students are making with both their studies and their attendance.

As always, our aim is for students to attend all of their scheduled classes for the rest of the 2020 school year, and we ask for your assistance in encouraging them to develop a consistent approach to getting to school each session.

Last year 11, of our students successfully completed their Foundation or Intermediate VCAL and we congratulate them on a brilliant outcome. Many other students have partially completed both Foundation or Intermediate VCAL, and we hope to see them complete those studies this year.

Students will have the opportunity to attend a variety of activities and excursions during the term. This year we are running a number of electives such as cooking, woodwork, Art, Science and PE.

Enjoy the rest of the term

Shane Elliott
Site Principal.

IMPORTANT DATES

MARCH

- 3RD - RAMS first day**
- Staff Network Day
- 9th - Labour Day Public Holiday**
- 12th - Silos Excursion Benalla**
- 17th - WRS Excursion**
- 18th - VET Excursion**
- 27th - Last Day of Term**

WELCOME

We would like to take this opportunity to welcome those students new to the school.

Zane
Blake
Kiara
Serena
Jackson

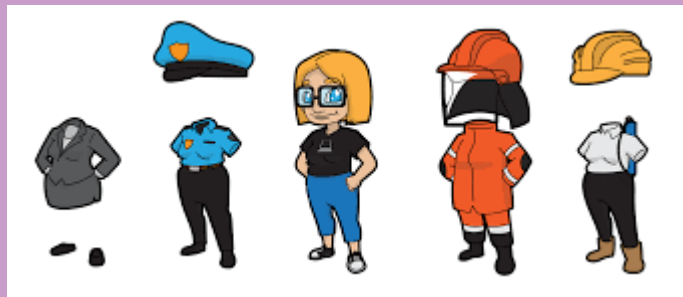
CAREERS

And just like that we are off and racing in 2020. VETiS courses have begun, and this year is looking to be kicking goals with students engagement on the Wednesday classes.

Two students this year are extremely fortunate to obtain School Based Traineeships with Seymour Health. One student in Cert III Individual Support (Aged Care), and one student in Cert III in Business. Both students are paid while working and obtaining their certificates. More about these two in the next newsletter.

The roll out of Career Action Plans is underway, with all students to have this completed by the end of this term. Following the completion of Career Action Plans, work placement and industry visit discussions will be with students individually.

Congratulations to all the students that have obtained part-time/casual jobs over the past couple of weeks. We are super proud of you.



MONDAY COOKING WITH SUE AND DALE

Monday morning cooking is off to a flying start in 2020. We've had great attendance and the students have shown excellent enthusiasm. This term we have set the challenge of cooking a different cuisine of the world each week. To date we have cooked dishes from Asia (vegetable spring rolls, vegetarian sushi rolls, and crispy noodle salad), and Italy (pizza, calzone, Italian potato salad, and orange polenta cake). It's been great to see students trying different dishes, and cooking techniques and discovering new ways to utilise common ingredients in interesting ways. Next we're cooking dishes from India. It should be a challenging and delicious day.



WEDNESDAY COOKING WITH SUE, ASH AND MELISSA



Wednesday's cooking sessions in the kitchen have been planned by the students who attend the classes. They have chosen food that they love, but also foods that use similar ingredients in multiple ways and which are produced using a range of different skills. We have weeks of set challenges where students challenge each other (or staff) to a cooking challenge, our first was the Vanilla Slice Challenge.

In the kitchen this term we have returning student masterchefs and students new to the kitchen. It is great to see the team work and shared experiences and discussion.

ART

Art is available for students to calmly settle in to their new school year, to establish their identity here at school, feel welcome through expressing themselves, or to re-engage after going through challenging experiences. Art can be having fun and messy or polished pieces of art – see images below. Art can be by year 9 students doing **Vic Curriculum**. There will be **VCAL classroom visits**-offering art activities for students not enrolled in art, related to learning outcomes or build learning skills of concentration, relaxation, or awareness of others. **VCAL PDS** – Unit 1, Foundation or Intermediate, will be offered in art, so students can enjoy art while at the same time contributing to their VCAL. In these ways art integrates and supports learning pathways. In the future VCE studio arts might become available to support VET – watch this space!



An exhibition that has art therapy inclusion and sustainability values is also underway, building on the existing coloured poles in the yard as a large tree rhizome sculpture. A rhizome is like a tree but connects together like a web. It has no single trunk, and the way it all connects is similar to how the internet connects the whole world. Many student contributions will be combined, including hanging coloured fabric (old pieces of clothing made into art) similar to Tibetan prayer flags which promote peace and reflect transformation. Metal images will be painted, together with students from other campuses, and nailed to the poles. The image below is a rough idea of what may come.



Memory change tree sculpture proposal



Polished fine art



Having fun!

WOODWORK

In woodwork students have started to learn about different types of wood and have started to build a storage box.



MINUTE TO WIN IT

'Minute To Win It' is a fun game challenge held at lunch time on Thursdays. Come and have a go, have a laugh and see if you can be the weekly champion and win the prize. Who will top the leaderboard???

PENCIL FLIP:

Student Winner: Tobias

Staff Winner: Dale

PENNE PASTA:

Student Winner: Dana

Staff Winner: Ash

VCAL WRS – SCHOOL COMPOST PROJECT

This semester all VCAL Work Related Skills classes have combined to undertake the compost program. The compost program will see these students set up a 'mini business' where they collect organic waste from local cafes and businesses and compost it in a number of worm farms and compost bins at school. Eventually this waste will be broken down and will be able to go back in to improving the soil in the schools vegetable gardens and hopefully increase the growth of vegetables and other crops.

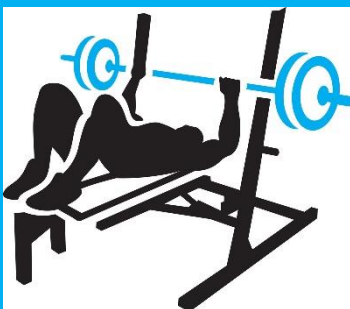
Students have been organising the set-up of this program working on flyers, brochure, risk assessments and other OHS tasks. We also had a guest speaker share their knowledge on composting and successful worm farms.

As part of this students have named the project Wiggle Inn.

Students also participated in an OHS games activities afternoon. The students participated in a number of fun activities in the afternoon looking at OHS fails, PPE gear, Work Safe quizzes and identifying hazards. Well done to all the students who participated and made the afternoon a fun one.



GYM



This year students will again have the opportunity to attend gym sessions every Friday morning. Each student will develop their own workout plan, guided by the gym instructors and teachers. If you are someone who loves being active and keeping fit, or just beginning and looking at trying something new, then this is the perfect fit for you!

All students are welcome and encouraged to join the gym program. There are limited spaces so don't miss out!

For further information speak to Ash.



DUNGEONS AND DRAGONS

Dungeons and Dragons is running again in 2020 at Seymour Flexible Learning Centre.

This term students will be embarking on an adventure every Friday afternoon with “the worlds ok’est DM” (Jack) leading them through their campaign.

Each student has created their very own character and joined the adventure, ready to find a way to prevail against all odds!

This year students are using the fifth edition ruleset for ease of use, while also getting the most up to date D&D experience!

If you are interested in joining the campaign please see Jack or Ash.



Walking around the school or sitting in your classroom you may have seen the letters V, C, O and P displayed since the end of 2019. We now know they are a literacy prompt to help us work on improving our writing. So far this term we have been using these as a guide to improving our first piece of writing for the year, our recount. It has been great to see students keenly working on their own writing, self-editing and developing their ideas.

V- VOCABULARY

C- CONNECTIVES

O- OPENERS

P- PUNCTUATION

SEYMOUR FARMING EXPO

On Friday 14thh February a number of students and staff attended the Seymour Alternative Farming Expo. A number of displays were visited on the day, students were able to watch demonstrations by butchers and chefs as well as collect information on composting and other farming techniques, many of which they will bring back to school and discuss as part of their Work Related Skills Composting Project.