

Bena'lla Flexible Learning Centre

- Individual Learning Plans
- Flexible timetables
- Mentor Support
- Involvement in the community
- Catering for students needs

WHAT'S ON

MONDAYS Drumming
1:15pm

TUESDAYS L2P Program
PRIMAL GYM 2pm

THURSDAYS Yoga 10:15
Lake Walk 1:30pm

THURSDAY 16TH NOVEMBER
Barista Course
— GOTAFE Wangaratta

FRIDAY 24TH NOVEMBER
PUBLIC HOLIDAY

Caution:

There was a snake sighting this week, so please be observant.



2017 Victorian Education Excellence Awards

On Friday October 24, Brad and Michele, along with the Campus Principals and Leading teachers from the North East Flexible Learning Network travelled to Melbourne to the Victorian Education Excellence Awards. It was an honour to be selected as finalists in the category of Outstanding Inclusive Education. The network were congratulated on the work that has occurred over the past three years in catering for young people across a wide geographical area of country Victoria. It was a great chance to celebrate the success of our school as part of a Network that is really making a difference to the lives of young people.



VET SUBJECTS for 2018

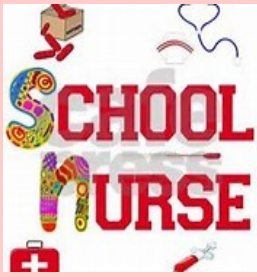
We have partnered with IVET to secure the facilitation of the following subjects here at BFLC in 2018.

Cert II in Business

Cert II Community Services

Cert I Employment Pathways

Please speak to your teacher to find out more information.



Cara's

Term Four Dates

November

Monday 13th

Monday 20th

Monday 27th

December

Monday 4th

Monday 11th

Student/Staff Activities

Congratulations to Sarah on celebrating her 21st last week



Congratulations Julia on your first prize at the Tatong Art Show



Science in Progress

A colourful representation of a 3D plant cell created by Thomas, as part of his work on understanding the structure and function of cells.



Live 4 Life Celebration

Our students serving up coffees, to the participants of the Life 4 Life Celebration last week. Great to see the young people supporting community events.



Not only did they make great coffee, but they also willingly supported Brianna's performance at the event by playing the djembe drums.

This was an impromptu performance.

Well done BFLC students.



Australian Pop Up Restaurant

Food studies students created a pop up restaurant for our dining pleasure.

Thank you the meal was delicious.



Entrée: Lamb Meatballs with a honey glaze

Main: Kangaroo Sausages and Mash



Dessert: Australian Lamingtons and Pavlova



EXCURSIONS

NOVEMBER 16 - Barista Course - GOTAFE Wangaratta

Please collect a permission form for this session

GYM at Primal Gym — Tuesdays 2pm - 3pm

YOGA – Thursdays – 10:15 am – 11pm

LAKE WALK — Thursdays — 1:30pm

Please remember to wear comfortable clothing for these sessions

INVISIBLE HURDLES PROJECT



Andrea Georgiou is available if you need some legal advice or just want to chat about the law.

To contact Andrea:

- Ask your teacher for an appointment
- Phone 0438 249 051
- Email ageorgiou@umfc.com.au.

Visit to GOTAFE Beauty Program



Our young people interested in the Cert II in Beauty for 2018 were shown around by BFLC's Sophie and to test out the services that are covered in the course.



Green Bin

How to be a good sort

(Information from Benalla Rural City website)



What can go in my green-lid organic waste bin?

Fruit and vegetable scraps and peelings
Garden prunings
Egg and seafood shells
Meat scraps, bones and seafood
Tea leaves and coffee grounds
Cheese and yoghurt
Spoiled leftovers or any food past use by date
Paper towels and tissues
Hair, animal droppings

What can't go in your green bin:

Plastic bags and cling wrap
Dish clothes and sponges
Cigarette butts
Liquids
Vacuum dust
Nappies
Food packaging, food trays or containers
Kitty litter
Building rubbish, rocks and soil
Treated or laminated timber
Old clothing
General household waste

Congratulations to the winners of our Melbourne Cup Sweep.

First: Marcus

Second: Cara

Third: Paul





Update: teen Mental Health First Aid

Teen Mental Health First Aid has been running since the 3rd of November. Group 1 and, group 2 have both had their second session.

These sessions have been a huge success with students being very engaged.

They have been learning valuable skills to assist their friends if they develop a mental health problem. These are invaluable skills for all to learn.

Session start
time: 11:00 am

Group 1:
28th November

Group 2:
17th November

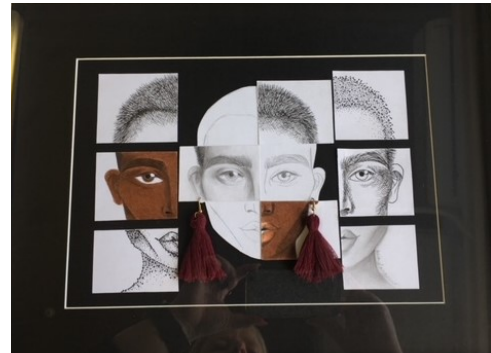


Best Young Artist

Tatong Art Exhibition.



Congratulations to our very talented Julia. All your hard work is being rewarded.



Something to think about!

Imagine you have a bank account that \$86,400 is deposited into each morning.
The account carries over no balance from day to day,
allows you to keep no cash balance,
and every evening cancels whatever part of the amount you had failed to use during the day.

What would you do?
Draw out every dollar each day!

Well, we all have such a bank. Its name is Time. Every morning, it credits you with 86,400 seconds.
Every night it writes off, as lost, whatever time you have failed to use wisely.
It carries over no balance from day to day.
It allows no overdraft so you can't borrow against yourself or use more time than you have.
Each day, the account starts fresh.
Each night, it destroys all unused time.
If you fail to use the day's deposits, it's your loss and you can't appeal to get it back.
There is never any borrowing time.
You can't take a loan out on your time or against someone else's time.
The time you have is the time you have and that is that.
Time management is yours to decide how you spend the time, just as with money you decide how you spend the money.
It is never the case of us not having enough time to do things, but the case of whether we want to do them and where they fall in our priorities.

