

Benalla Flexible Learning Centre

- Individual Learning Plans
- Flexible timetables
- Mentor Support
- Involvement in the community
- Catering for students needs

WHAT'S ON

TUESDAYS L2P Program
PRIMAL GYM 2pm

THURSDAYS Yoga 10:15am

FRIDAYS Lake Walk 2:00pm

MONDAY 21ST AUGUST

Food Cents
— 11:00am

WEDNESDAY 23RD AUGUST
to

FRIDAY 1ST SEPTEMBER

Student Art Exhibition
— at NEA

FRIDAY 25TH AUGUST

Red Cross Blood Donation
— 10:00am

MONDAY 28TH AUGUST

Movie at BPACC
— Churchill

WEDNESDAY 30TH AUGUST

Food Cents
— 11:00am

FRIDAY 1ST SEPTEMBER

GOTAFE Tour
— at Wangaratta

Such Talent

We have many creative students here at BFLC and it's time to celebrate their achievements! These talented artists and crafters will be showcasing their work at North East Artisans (See flyer below for details).

Several of the students will be involved in the exhibition set up with guidance from NEA artist, Tim Bowtell. The exhibition will include photography, painting, drawing and mosaic work from students within the school. Our VCE studio arts students will also display their folios, developmental work and finished pieces.

This exhibition will allow our students to be involved in every aspect of organising an exhibition, from creating and mounting, to pricing and curating the exhibition.

The students are looking forward to showcasing their works and would love for everyone to make the time to visit.

Benalla Flexible Learning Centre Student Art Exhibition

Wednesday 23rd August - Friday 1st September 2017

NEA Gallery 2

The exhibition will include paintings, drawings, mosaics, woodwork and sculptural pieces created by students from this local school.
Many of the artworks will be for sale.

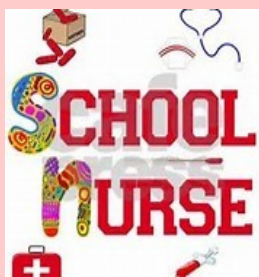
Come along and see the fabulous work and support our young local artists.

FREE ENTRY



NEA

North East Artisans



Cara's

Term Three Dates

August

Friday 25th

Thursday 31st

September

Monday 4th

Thursday 14th

Monday 18th

Donate Blood



**Congratulations
to Paul and Misty
for organising
their fellow
students and teachers to donate blood.**



**Australian
Red Cross**

We will be hopping on the bus on August 25th, Wangaratta bound. What a wonderful cause they chose to support.

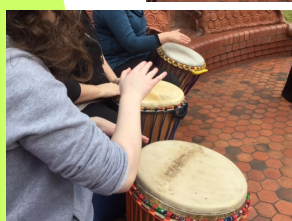
Student/Staff Activities



Congratulations to Tahlia and Daryl on the birth of their precious daughter, Amethyst.

Drumming in the park

To round off the program of African Drumming, BFLC students took their drums to the Mural by the Lake. It was a fun time had by all playing in the sound bowl. We even had some onlookers join in. A wonderful community feel. Drums sounded fantastic echoing across the lake. Thank you to Brianna Slattery our facilitator from African Drumming, and NESAY for making this possible.



EXCURSIONS

AUGUST 25 - Blood Bank Donations - Wangaratta

AUGUST 28 - Movie at BPACC - Churchill

SEPTEMBER 1 - GOTAFE Tour - Wangaratta

Please collect a permission form for these sessions

GYM at Primal Gym — Tuesdays 2pm - 3pm

YOGA – Thursdays – 10:15 am – 11pm

LAKE WALK — Fridays — 1:30pm

Please remember to wear comfortable clothing for these sessions

TRADESMEN AT WORK.

Ian, our trade teacher and Rhys deep in concentration as they rebuild the 4 stroke lawn mower engine.



The possibility in studying courses at GOTAFE in Wangaratta on Wednesdays is an option.

Please talk to your teachers about what you would like to do and we will see how we can accommodate your interests.

To assist with your decision, there will be an opportunity for BFLC students to tour GOTAFE Wangaratta.

Excursion date:

Friday 1st September



FREE Youth Mental Health First Aid Course

For Parents of young people in Benalla

Learn skills and gain confidence to assist young people experiencing mental health problems



Mental illnesses often start in adolescence or early adulthood and it is important to detect problems early to ensure the young person is properly treated and supported. The YMHA course teaches adults how to assist adolescents who are developing a mental health problem, experiencing a worsening of a mental health problem or in a mental health crisis.

COURSE INFORMATION (Normally costs \$250 - \$350 to complete) A comprehensive 14 hour Youth Mental Health First Aid (YMHA) course over four sessions. Course topics covered: Developing Mental Health problems, depression, anxiety, psychosis, eating disorders and substance abuse. Suicide and mental health crisis are also covered. Participants receive a copy of the Youth MHFA manual and are eligible to become an accredited Mental health First Aider if they attend ALL sessions

Participants will learn about adolescent development and the signs and symptoms of mental health problems, how and where to get help and what sort of help has been shown by research to be effective

20 places only - Registration Essential This course is being offered for the second time in 2017 due to demand. Parents of young people in Benalla will be given first priority.

BOOK EARLY :

Contact Benalla Rural City Council Community Development on 5760 2600 or email amanda.aldous@benalla.vic.gov.au

Monday Sept 11 - 5.30-9pm
Monday Sept 18 - 5.30-9pm
Monday Oct 9 - 5.30-9pm
Monday Oct 16 - 5.30-9pm

Benalla Community Care Centre
45 Coster St - Light supper inc.



Brought to you by Youth Live4Life
Benalla Partnership Group



Movie Excursion - **CHURCHILL**

Monday 28th of August

1:30pm

105 mins (M)

96 Hours before the World War II invasion of Normandy, British Prime Minister Churchill struggles with his reservations and his increasingly marginalised role in the war effort. The gripping tale of consequence as a leader of a nation, which stands alone against the unbeatable threat, is joined by the Americans and the French Resistance to storm the shores of Normandy, France. As D-Day approaches the time for clarity of thought and the skill or articulation is tested by the public leader of the country. This story highlights the rights individuals have to speak their mind to influence the outcome of civilisation and society. This film discusses the role that public perception plays in motivating a nation and securing victory.

"Try acting like a hero Winston, and many people will believe that you are one".

Are you keen to develop your **cooking skills**?
Are you interested in increasing your **living skills**?
Do you want to know more about local **community support services**?
Are you **15-25yo**?



North East Support & Action for Youth Inc.

W: www.nesay.com.au

E: info@nesay.com.au

86-90 Rowan Street, Wangaratta 3677

T: (03) 5720 2201



NESAY's HEAL program is a (NESA) National Employment Services Association Award winning program. The Award recognises its contribution to Innovation and Excellence.

NESAY acknowledges the support of the Victorian Government



HEAL

Healthy
Eating
And
Living



Would you be interested in a day at the SNOW?



A trip to Mt Buffalo is being considered to enable students to gain an understanding of Alpine conditions during winter. The tobogganing experience will enable students to learn responsible risk taking while under adult supervision.

Thursday 31st August 2017

Leaving at 8:30am

Returning 4:00pm

Please advise your teacher as soon as possible if you would like to be involved.

INVISIBLE HURDLES PROJECT

Hi. I'm Andrea Georgiou and I am the new school lawyer for the Invisible Hurdles project. I am local to the Albury/Wodonga region and am enjoying working throughout the region.

What is the Invisible Hurdles project? This project is about providing help and assistance to young people affected by family violence, but we are also able to help with any type of legal issue that might come up such as fines, debts, tenancy, family law, child protection, Centrelink, motor vehicle accidents, victims of crime and going to court (to name a few).

If you need some legal advice or just want to chat about the law, please ask your teacher to make an appointment to see me, or come and chat to me when I am onsite at your school, or call me on 0438 249 051 or email me at ageorgiou@umfc.com.au. Thanks and see you around!

