

## Benalla Flexible Learning Centre

- Individual Learning Plans
- Flexible timetables
- Mentor Support
- Involvement in the community
- Catering for students needs

## WHAT'S ON

**TUESDAYS** L2P Program  
PRIMAL GYM 2PM

**THURSDAYS** Yoga 10:15

**FRIDAYS** Lake Walk 1:30pm

### MONDAY 24TH JULY

Drumming Workshop  
— 1:00pm

### THURSDAY 27TH JULY

Grouting Mosaic Seat  
— at Benalla Health

### MONDAY 31ST JULY

Drumming Workshop  
— 1:00pm

### TUESDAY 1ST AUGUST

Movie at BPACC  
Viceroy's House

### WEDNESDAY 2ND AUGUST

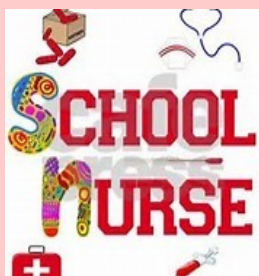
**Student Free Day**

Welcome back everyone. Term 3 is already upon us and we look forward to another productive term at Benalla Flexible Learning Centre.

The end of last term saw the mosaic panels for the hospital seat finished and ready to install. Crystal, Julia, Deb and Sharee have now attached these to the seat. The next step will be the grouting of each of the panels, which will occur next Thursday 27<sup>th</sup> July. We are hoping that all students that have been involved with the construction of the panels will be able to come along to assist with completing this great project.

Other things that will be happening this term are the continuation of the Primal Health Centre – Gym Sessions on Tuesday afternoon and Yoga on Thursday mornings. African Drumming sessions will be happening on Monday afternoon with a performance planned for week 4 of the term. There is also an excursion to Imax and a performance in Melbourne along with a film at BPAC, and a group will be walking the Benalla Lake each Friday afternoon. VCE Studio Arts is beginning on Tuesdays and Food Studies and Psychology will continue to be delivered alongside the VCAL and Vic Curriculum courses. So it will be a very busy term and I look forward to sharing the students journeys through the fortnightly newsletter.





**Cara's**

### Term Three Dates

**July**

**Friday 28th**

**Monday 31st**

**August**

**Thursday 10th**

**Monday 14th**

**Friday 25th**

**Monday 28th**

**September**

**Monday 4th**

**Thursday 14th**

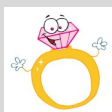
**Monday 18th**

### Student/Staff Activities

**P** Congratulations to Annie for obtaining her drivers licence through the L2P program!

Congratulations to Crystal for gaining her learners permit.

**L**



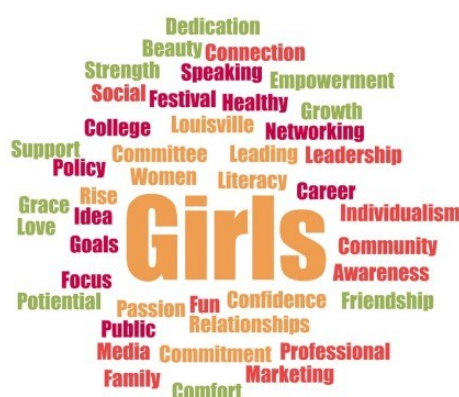
Congratulations Cara & Hadyn on announcing their engagement.

## GLP—Girls Leadership Program.

This term our school nurse Cara will be bringing a new girls program to Benalla Flexible Learning Centre. The program will cover topics such as

body image, self-esteem, understanding anger and other feelings, communication, conflict resolution, assertiveness, relationships and self-care.

The program encourages young women to be “girls with attitude” – confident to cope with life’s challenges, to stand up for what they believe and to achieve their goals. The program is set to commence on the 31<sup>st</sup> of July and will consist of 6 sessions over the semester.



### Volunteering is important .....

There is an opportunity for students from BFLC to assist at the matinee sessions of Benalla Theatre Companies production of Anything Goes.



These matinee sessions will be on 29<sup>th</sup> and 30<sup>th</sup> July and 5<sup>th</sup> August. You would be required to be at BPAC at 1pm on these days.

Please see Michele if interested.

On the holidays I worked for Dean Ryan the diesel mechanic. We worked on a Cattle Truck and on three Garbage Trucks. I greased the Cattle and Garbage trucks. Dean changed the oil and fuel filters as well as adding new oil to the vehicles. On the second week of the holidays mum and I travelled to Campbellfield from Benalla every-day. I was doing work experience at Cummins and I helped the diesel mechanics that worked there. We pulled the engines down so they could rebuild them. I enjoyed the experience and had a lot of fun. I would have liked to rebuild the engines with them but I didn't have enough time. It was a great two weeks of work experience. by Marcus Kehl

## EXCURSIONS

JUNE 13 - Film at BPACC - Vicroy's House

*Please collect a permission form for this session*

GYM at Primal Gym — Tuesdays 2pm - 3pm

YOGA — Thursdays — 10:15 am — 11pm

LAKE WALK — Fridays — 1:30pm

*Please remember to wear comfortable clothing for these sessions*

### — NETWORK PLANNING DAY — 2<sup>ND</sup> AUGUST - STUDENT FREE DAY

On the 2<sup>nd</sup> August all Flexible Learning Campuses from the North East Victoria will meet in Benalla to discuss curriculum development, assessment and welfare. This will be a productive day where staff will share ideas and resources with other centres as well as participating in workshops to develop their teaching and learning capabilities.

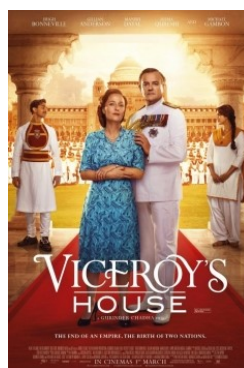
## Mosaic Grouting

Thursday 27th July

If you were involved in creating the mosaic pieces, then help finish the project and grout your piece.

*Please be at school by 10:15 am.*

## VICEROY'S HOUSE



BPACC  
Movie

Tuesday  
1<sup>st</sup> of August  
10:30am

The final Viceroy (governor) of India is tasked with overseeing the transition of British India to independence, but is met with conflict as different sides clash in the face of change. The end of British rule in India is a turbulent time. The film portrays the role of faith in country identity and the exploration of Hinduism and Islam within British India.

**L2P**  
LEARNER  
DRIVER  
MENTOR  
PROGRAM

Every Tuesday



The perfect opportunity for students to gain driving experience and build up their 120 hours.

Contact Michele or Lynne for information.

# 2018 Courses

Over the next few weeks you need to consider what courses of study you would like to undertake next year.

The possibility in studying courses at GOTAFE in Wangaratta on Wednesdays are an option.

Would you be interested in VET Cert II in Community Services, Cert II in Auto or perhaps a Business Course. Or maybe you would like to study Individual Support via Polycom delivered from Wodonga – with some visits to WFLC.

Please talk to your teachers about what you would like to do and we will see how we can accommodate your interests.



**Speak to  
Brad  
about his  
latest  
Literacy  
challenge.**



## Learners Permit Program-LPP

There are a number of students that have expressed interest in learning the road rules to enable them to sit for their learners permit.

We are going to begin a session once per week at the beginning of next term.

These sessions will go for about an hour each week and the course will include an excursion to VicRoads toward the end of the sessions.



*If you would like to be part of this group please put your name down on the form near the sign in sheet.*



## Live4Life Benalla 2017

Competition!

Theme: 'Speak Up Speak Out'

Entries Open : FRIDAY JUNE 30

Entries Close: FRIDAY OCTOBER 6

Think about what 'Speak Up Speak Out' means to you and express it in a creative form to win great prizes. Entries will be displayed publically during Mental Health Week in October 2017

### Categories:

1. Photography (people, places, things etc)
2. Multimedia (video, animation, film clip, podcasts etc)
3. Other (could be a poster, poem, artwork, sculpture...anything!  
Just create your entry, take a photo of it & send it in)

### Competition Rules:

1. All entries need to **clearly support the theme** 'SPEAK UP SPEAK OUT' and promote positive mental health
  2. You **must** include the Live4Life Logo on your entry. You can download a .jpg from the website at [www.live4life.org.au](http://www.live4life.org.au))
  3. You **must** also submit 50 words or less about what speaking up, speaking out about mental health means to you!
  4. You can submit your entry via the general office or at the Council on USB or CD/DVD. You can also submit by email to [amanda.aldous@benalla.vic.gov.au](mailto:amanda.aldous@benalla.vic.gov.au)
  5. Entries must be accompanied by a completed Live4Life Competition entry form
  6. All entries must be original and your own ideas
  7. Please don't include any names on your entry (just on your entry form)
  8. If entries are not appropriate or don't relate to the theme they will not be considered in the Competition
  9. Entries will be judged by the Live4Life Crew (Year 9 & 10 students from the Live4Life schools)
  10. The Live4Life Competition is open to Year 8 students from the partner schools participating in Live4Life 2017.
- Individual, Group & Category Winners will be awarded vouchers and prizes with the overall winner receiving \$200