

10-22 Channel Rd, Shepparton, VIC 3630

Email: shepparton@nefln.vic.edu.au

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Phone: 0427 877 113

Newsletter

Dear Shepparton FLC Learning Community,

With the term rolling on, we find ourselves over halfway and heading towards the end of the term. With great news about COVID19 restrictions easing we are able to hold student graduation celebrations with Teachers and Students only. We will take photos for those interested and have an awards ceremony for those receiving their VCAL Certificates or VETiS Certificates and completing their Year 12.

A reminder that Parent Teacher Interviews will be coming up on the 8th of December and all parents will receive their students yearly Individual Education Plan for 2020. Reports will go out to families on the 3rd of December. With only two weeks to go before reports are finalised I want to encourage every student to make the most of the time they we have left of this term to ensure that you complete those last remaining outcomes and units of work.

As we get closer to Christmas, the Shepparton Flexible Learning Centre are looking at ways to give back to our community and support charities as we move into December. Remember that our Breakfast Club food is always available to take home for those interested. Another way we as a learning community give back is through our Personal Development Skills (PDS) projects that we have underway at our school. Celebrations are in order as students look to complete their projects and contribute to our learning community and the work that we do together as a team. Keep an eye out in the next newsletter for photos of these finished projects.

As always, look after one another and enjoy the last few days of Spring!

Kind Regards,

Brad Hearn



Site Principal

Bach. App Sci (Psych), M. Teach (P-12), M. Couns (Psych),
M Lit (Lead), TAE

A site of:

Wodonga Senior Secondary College

Every Student, Every Opportunity, Success for All



Our School Values

Respect

Respect for self, others and community.

Resilience

Overcoming barriers, persisting to succeed.

Reliability

Committed, dedicated and dependable.

Resourcefulness

Building networks, connections and skills.

Respectful Relationships

Shepparton Flexible Learning Centre is a Respectful Relationship Partner school. Respectful Relationships is a state government initiative that supports schools to promote and model respect, positive attitudes and behaviours. It teaches our young people how to build healthy relationships, resilience and confidence. It supports young students in dealing with a range of challenges they may face and covers topics including being respectful, resilient, engaged at school and being confident within themselves. Respectful Relationships promotes equality and helps students learn how to build healthy relationships.



Since 2017 The Shepparton Flexible Learning Centre has applied to Kids Under Cover, that works in partnership with the Department of Health and Human Services (DHHS) to administer the Student Scholarship Program. The Victorian Government funds the Student Scholarship Program to help young people stay engaged with education and complete years 11 and 12 at Government Secondary Schools or TAFEs. These scholarships are available to help young people living in public or community housing, or those at risk of homelessness, get the support they need to stay in school and achieve their full potential.

The Kids Under Cover scholarship provides financial assistance to offset some of the costs associated with education or training, such as; technology, uniforms, tutoring, tools of trade for apprentices, even public transport to travel to and from school.

The young person must be undertaking an apprenticeship or traineeship, studying at TAFE, school or university or completing another kind of training to be eligible to apply for a Kids Under Cover scholarship.

We are very excited to announce that 7 students from the applications submitted this year have been successful and have a Scholarship to help assist them with their studies in 2021.



Term 4 Parent Teacher Interviews will be held on Tuesday 8th of December.

2020 semester 2 reports will be discussed and issued on this day. Reception and Learning Mentors will be in contact to book in an appointment closer to this date.

Its exciting times as we start working from our new site, coming into term 4. To start our new adventure with good routines and good practices, we are implementing a recycling programme and investigating our responsibility towards the Environment. National recycling week is coming up in November (9th-15th). Our aim is to keep the recycling momentum going into 2021.

We are collecting the following items:

- Bread Closure Tabs
- Used pens
- Pull Tabs from cans
- Bottle Lids



The items we collect will be donated to organisations that reuse and recycle these items. Lids 4 Kids collect bottle lids to assist young people around Australia to create prosthetic limbs for kids.

While we will encourage students to recycle at home, we will have a focus for students to bring in specific items to be donated to charities to assist those less fortunate. Look out for our collection tubs or chat with Mish for further information.

Michelle Stojanovski



Reminder that our school has a no phone policy during students timetabled classes.

Students are will be directed to store phones in lockers provided during lessons.

Students can access phone during designated break times.

If parents/carers need to contact their young person a message can be forwarded via contacting reception on 0427 877 113.

Traffic Management



A friendly reminder to our school community regarding traffic and entry to our school. The speed limit within our grounds is 10km,

We share our space with community members that reside in the units across from us, some of which are vision impaired. We also have students that walk/ride to and from school. We ask that all visitors please be mindful and adhere to the speed limit that is sign posted when entering the service road.

There is also the ability to utilize the drop off zone at the front of reception. If you need to come into reception, we ask that you use the designated parking spaces.

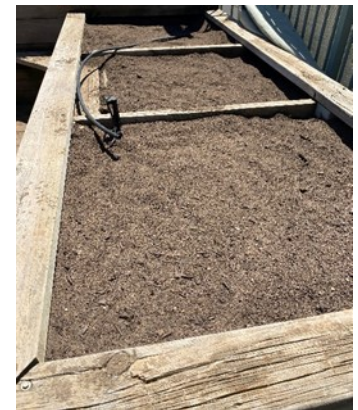
Thank you Shepparton FLC

Sensory Garden



The Shepparton Flexible Learning Centre is currently in the process of creating our very own Sensory Garden. Sensory gardens use plants and other materials to create a self-contained area with a variety of aromas, textures, colours, noises and shapes. Students have so far weeded the garden, begun sanding the wooden planks and put soil into some of the areas.

The Sensory Garden group also purchased a number of gardening equipment such as wheelbarrows, buckets, gloves, shovels and most importantly HATS! We have also purchased some succulents and we are looking forward to planting these in the coming weeks. This project gives students the opportunity to interact with peers, work in teams and demonstrate leadership skills. Thank-you to all the students who have helped us so far with the project.



Mental Health Services and Support

Lifeline

24/7 crisis support and suicide prevention services

13 11 14
lifeline.org.au

Beyond Blue

24/7 mental health support service

1300 22 4636
beyondblue.org.au

QLife

LGBTI peer support and referral

1800 184 527 (6pm-10pm daily)
qlife.org.au (online chat 3pm-12am daily)

Mensline

24/7 counselling service for men

1300 78 99 78
mensline.org.au

headspace

Online support and counselling to young people aged 12 to 25

1800 650 890 (9am-1am daily)
headspace.org.au/eheadspace
(online chat 24/7)

1800RESPECT

24/7 support for people impacted by sexual assault, domestic violence and abuse

1800 737 732
1800respect.org.au

Suicide Call Back

24/7 crisis support and counselling service for people affected by suicide

1300 659 467
suicidecallbackservice.org.au

Kids Helpline

24/7 crisis support and suicide prevention services for children and young people aged 5 to 25

1800 55 1800
kidshelpline.com.au

If you are concerned about someone at risk of immediate harm, call 000 or go to your nearest hospital emergency department.



With delivery partners



Funded by





Bike Program



In 2019, SFYS partnered with Good Cycles and adopted the Bike Program model to pilot within schools.

The four-week program is based on a group work intervention that places the young person in a situation where they have the opportunity to learn new skills, problem solve, communicate with the trainers and their partner, and develop their knowledge. By participating in a short-term intervention, the young people will also improve their confidence and capacity to participate in mainstream activities.

Week 1: Learning the tools, the bike, and how to change a tyre.

Week 2: Students are placed in pairs and deconstruct a bicycle. This will allow us to see how they work in a team, communicate with one another, and prepare for the following activity.

Week 3: Students rebuild the bicycle. This will allow us to again see how they communicate, how they problem solve and work as a team to put the bicycle back together.

Week 4: Students will learn key ride skills, maintenance skills and relevant laws, Ride / lunch.

Each participant will receive a bicycle pack – helmet, lock and light, at the end of the program to improve their mobility and reward them for their commitment. Uniting will work with local agencies to source the relevant tool and materials.





 Michael Grose

Parenting in COVID times

An Online Presentation for families
in Greater Shepparton and Moira

The coronavirus pandemic has thrown up many challenges for children and parents.

Anxiety, disappointment and confusion are common emotions experienced by many family members right now. But those families who thrive in these uncertain times are those that use a collaborative leadership style; build strong rituals and make personal wellbeing a priority. In this online presentation parents will learn:

- What kids of all ages need in these uncertain times
- How to manage and minimise anxiety
- Wellbeing habits that build resilience in parents and young people
- The signs that include that extra assistance is needed



**WEDNESDAY NOV 25TH 2020
7:00 PM TO 8:00PM**

**VIA ZOOM LINK HERE
MEETING ID: 912 7918 1833
PW: 445381**



MICHAEL GROSE

Parenting expert, author, speaker

Michael Grose is one of Australia's leading parenting writers and speakers. A former teacher Michael has been inspiring, informing and entertaining audiences in Australia, Asia, in the US and UK for over twenty years.

A recognised media figure Michael has been a regular on The Today Show, Sunrise and The Morning Show and regularly comments on family matters on radio and in the press around Australia.

He's the author of twelve books, including his latest *Anxious Kids*, which he co-wrote with Dr. Jodi Richardson in 2019.

He is the first person to conduct a parenting seminar for a nation's leaders, when he ventured into Parliament House Canberra, in 2004 and addressed politicians on both sides of the political fence!

Michael lives on the beautiful Mornington Peninsula in Victoria and is proud to announce that his three children have all successfully flown the parenting nest.

For more information, please speak to your child's school or contact:

Katie Richter
SFYS Coordinator
0409 873 293

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