

Benalla Flexible Learning Centre

- Individual Learning Plans
- Flexible timetables
- Mentor Support
- Involvement in the community
- Catering for students needs

WHAT'S ON

MONDAYS (March) GYM 2pm

WEDNESDAYS Waminda Cafe

THURSDAYS Yoga 11 am

MONDAY 4th MAR

Swimming
YMCA Benalla

COMING EVENTS

THURSDAY 9th MAY

Hands on Trades
Winton

FRIDAY 24th MAY

Food & Fibre Careers Event
Dookie Agricultural College

WHAT A BUSY start to the term.

Benalla Flexible Learning welcomed Jenny Muller to our team for the 2019 school year. Jenny is working 3 days a week and brings to the team many skills an experienced teacher.

All students should by now have completed their Individual Learning Plan and this will guide their learning throughout the year. We have a number of students who have begun to study a VET in schools course at GOTAFE Shepparton or Wangaratta and these students have shown great commitment to these sessions.

Our Community Coffee Van has been busy this term. Week one saw students supporting sessions at both Waller and Avon Street for the new Foundation Parents. Each Wednesday the van has a permanent booking at the CWA hall and this week our services were required at the library for the Age Friendly Benalla Review. These activities are not only a good opportunity for the students to practice their barista skills but are also improving students employability, leadership, communication and organisational skills.

We have had many new enrolments at the school over the last 2 weeks this has caused some shuffling of classes and students between teachers. Please understand that this may need to continue over the next couple of weeks as we ensure that we cater for all students needs.

Students have been participating in swimming sessions at the Benalla pool for the past three weeks. Next week will be the last swimming session before the gym sessions resume at Primal on Monday 11th March.

AIAD Survey

The Australian Index of Adolescent Development is a Dept. of Education approved survey that asks students some question about themselves and their life and relationships at home, at school and outside of school.

The primary goal of this survey is to use the data obtained to better support young people in school who may be experiencing difficulties, are in a vulnerable state and at risk of becoming homeless or leaving school early.

A letter has been sent home to all families of Benalla FLC explaining this survey in detail. If you have any questions or would like your child to opt out of this survey, please contact your child's teacher by March 1, 2019.

Christmas Concert



What a wonderful way to end 2018, as students and staff gathered to share a wonderful roast lunch, our music students entertained us with their new found skills. Bri did a solo performance of "Carry me Home" by Jorja Smith. Harrison performed a RAP he



wrote himself addressing the theme of bullying and resilience. Connor led the group in "Counting Stars" by One Republic. Callam showed great musicality accompanying the singers on drum and synthesiser. Thank you to staff members, Brianna & Sean for their work in making the concert happen. We are all looking forward to seeing the growth in this music group, both in numbers and ability.



Awards for 2018

At our Celebratory Lunch we recognised the achievements each and every student has made throughout the year as end of year reports were handed out.

This also included some special recognition.

Kaleb is pictured receiving the VCAL Achiever Award, being presented by Danny Donohue NERTRACKS LLEN



Nikita was the recipient of the Inaugural Chris Thorne Art Encouragement Award.

Congratulations to Crystal and Mitchell for completing their VCAL Intermediate Certificate.



Staff in training

It's not only the students learning!
Benalla FLC staff are busy refreshing their CPR and Anaphylactic knowledge.



This is a timely reminder for all families to ensure Benalla FLC has an up-to-date Asthma and Anaphylactic plan for their child.

Please give plans to Lynne

EXCURSIONS

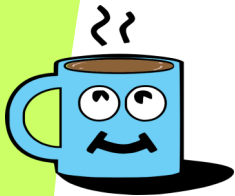
Please collect a permission form

SWIMMING at YMCA POOL — Mondays — 2pm — 3pm

Please remember to bring bathers.

YOGA – Thursdays – 11:00 am – 11:45 am

Please remember to wear comfortable clothing.



Hot Drinks for students

To cover the costs of Hot Milk Drinks, Benalla FLC is now proposing for students to pay \$5.00 per term to cover one hot drink per day.

Please give your \$5.00 to Lynne, so you can be added to the list of paid up students for this term.



Cara our school nurse, is back in 2019. She will be here on alternating Mondays & Thursdays.

Please make sure you organise a time to speak to Cara.

Cara is here to support all students with any health or personal concerns or questions they may have.

Masks in the Making

Vic Curriculum Art students having fun making and designing their own masks.

Can't wait to see how they turn out!



Jake and Callam showcasing their masks after the completion of stage 1

STUDENT FILM REVIEW

Storm Boy

The movie was a cracker! In short it was about a boy and his Dad who lost his Mum/Wife and sister/daughter and because of this tragedy move to the Coorong to start fresh. There the boy was home schooled by his father who was a fisherman by trade. Storm boy witnessed the mass killings of pelicans from shooters and wanted to stop this. He stumbled across 3 baby pelicans which he called Mr Percival, Mr Proud and Mr Ponder.

Through the help and knowledge of an aboriginal friend, he reared them to an age where they were fully fledged and ready to leave. The boy is torn at the thought of letting his beloved birds go as he bonded really close with them. The day came for Storm Boy to release his pelicans so he chose the healthiest 'Mr Ponder and Mr Proud'.

They took off into the wild, never to be seen again. Mr Percival on the other hand was a bit of a runt. Storm Boy waited for a few weeks before he thought the pelican was ready. As hard as it was for Storm Boy to release his favourite bird, he succeeded by sailing out to an island and abandoning him there. Storm Boy was a smart kid and his Dad wanted to provide a better education for him, so Storm Boy was sent to a boarding school.

Once he was all grown up and an aging man, he visited the Coorong with his granddaughter and told her about his childhood. Thanks to his efforts, the Coorong was turned into a sanctuary and the whole peninsular was protected from hunters.

I thought the movie was great from an environmentally point of view. It showed that through peoples efforts to save and protect wild flora and fauna and geological formations they can succeed.

By Riley

Introducing Cafe Club

Somewhere you can meet others, share a cuppa or just enjoy some social time

Perfect if:

- you are new to town
- you are wanting to meet new people
- you just need to get out of the house

Where: CWA Hall, Bridge Street, Benalla

When: Wednesday 10-12pm

Cost: \$2 donation

Coffee supplied by Benalla Flexible Learning Centre



For more information contact

Waminda Community House 57624528



BFLC students are continuing their support of:

Waminda Café Club

A community based programme to connect the people of Benalla.

Each Wednesday the BFLC coffee truck is taken to the CWA hall, enabling the students to utilise their barista skills.

If you haven't been, come on down from 10am during the school term.

Try a coffee made by the BFLC students.

Meet new people, find out about the activities, being organised during this time.

All for a gold coin donation.

YOUTH MENTAL HEALTH FIRST AID COURSE

FOR PARENTS OF YOUNG PEOPLE IN BENALLA
RURAL CITY

Accredited to deliver MHFA
Courses by MHFA Australia



**MENTAL
HEALTH
FIRST AID**
mhfa.com.au

Learn skills and gain confidence to assist young people experiencing mental health problems.

Mental illnesses often start in adolescence or early adulthood. It is important to detect problems early to ensure the young person is properly treated and supported. The YMHA course teaches adults who have frequent contact with young people how to detect and assist adolescents who are developing a mental health problem or are in a mental health crisis.

WHEN:

Wednesday 6 March 5.30-9.30pm
Wednesday 13 March 5.30-9.30pm
Wednesday 20 March 5.30-9.30pm
Wednesday 27 March 5.30-9.30pm

Cost:

\$20 (to cover manual)

WHERE:

Benalla Community Care
Ray Sweeney Centre
45 Coster St, Benalla
(Activity Room 1)

Light supper provided.

COURSE INFORMATION: A comprehensive 14 hour Youth Mental Health First Aid (YMHA) course over four sessions. Participants will learn about adolescent development and the signs and symptoms of mental health problems, how and where to get help and what sort of help has been shown by research to be effective.

RSVP by 5pm Tuesday 26 February
Benalla Rural City Council
Ph: 03 5760 2600
Email: council@benalla.vic.gov.au

Brought to you by Benalla Live4Life
Partnership Group and Youth Live4Life Inc.

